

WILD CAMPING KIT LIST

CAMPING GEAR

- Hiking Backpack (40-50 litres)
- Tent
- Sleeping Mat
- Sleeping Bag
- Sleeping Bag Liner
- Pillow
- Camping Stove
- Camping Gas
- Cooking Pot
- Lighter x 2
- Spork
- Cup / Mug
- Water Bottles x 2
- Waterfilter
- Medical Kit
- Rain Cover
- Stuff Sacks
- Microfibre Towel
- Bin Bag
- Maps & Compass

HIKING CLOTHES

- Hiking Shoes
- Hiking Socks x 2
- Underwear x 2
- Walking Trousers
- T Shirt x 2
- Fleece
- Down Jacket
- Waterproof / Shell Jacket
- Hat
- Gloves
- Snood/Balaclava
- Sunglasses
- Cap
- Thermal Long Johns
- Thermal Shirt



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MATT LYNCH -
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WILD CAMPING KIT LIST

ELECTRONICS

- Camera
- Camera Charger
- Phone
- Phone Charger
- Portable Charger
- Torch
- Head Torch

TOILETRIES

- Toilet Paper
- Toothbrush
- Toothpaste
- Deodorant
- Hand Gel
- Wet Wipes
- Sun Cream
- Insect Repellant

FOOD & DRINK

- Instant Oats
- Hot Chocolate / Coffee / Tea
- Powdered Milk
- Instant Pasta / Rice / Noodles
- Protein Bars
- Fruit and Nut Bars
- Dried Fruit
- Nut Butter
- Trail Mix (Nuts)
- Snickers
- Gummy Sweets
- Chorizo / Jerky / Cured Meat
- Isotonic Powder
- Whiskey

OPTIONAL EXTRAS

- Thermos Flask
- Hand Warmers
- Kindle or E-reader
- Sat Nav